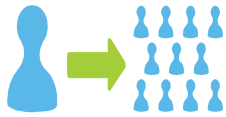
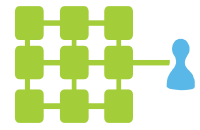




SPRING WELLNESS SEMINAR



Relationships:



It's Not Just Who, but How

Thursday, October 27, 2011

5:30 - 7:30pm

The Bain Center
Columbia, Maryland

FREE

This seminar approaches relationships from a multi-pronged perspective, covering relationship aspects as we age, the importance of social networking, the challenges of relationship building, the “how to's” old and new

Presented by



Sherry Clarke, MA, LCMFT, ACG, brings a varied academic, experiential, and training background to Life and Relationship Coaching. Sherry encourages us to create a vision of what you want in your relationships, to develop a relationship plan and then put it into action.

Small group discussions follow the keynote address. Light refreshments served and everyone who pre-registers is entered into a free raffle. Please contact Karen Hull, khull@howardcountymd.gov or call 410-313-7466 for more information or to register.

Registration Deadline is Wednesday, October 26, 2011.

A dream you dream alone is only a dream, a dream you dream together is reality.
John Lennon

